



**the
SugarMill**
HOTEL & RESTAURANT

Chef De Cuisine : Mr Bernard Hobson

Soup du Jour \$13

Each day a freshly made soup

Tartare of Tuna \$18

Chopped tuna topped with tropical fruit salsa

Pate de Foie Gras \$20

Served with hot toast and fruit compote

Les Escargots

Garlic or Pernod sauce 6 \$10 12 \$16

Tortola Conch Fritters \$16

Our version served with mango salsa chutney and dip.

Coquilles St Jaques \$18

Sliced scallops in a wine and cream sauce , crisp breadcrumb topping

Prawns Berni Inns \$16

Shrimp with chopped salad and avocado. Sauce Marie Rose

Salmon Croustillant \$15

Fresh Salmon in a crispy shell. Chefs dill sauce

Salads

Salad of Goats cheese , spinach and caramelised walnuts [V] \$16

Caesar Salad [V] \$12

*Parmesan shaving and fresh croutons
Add Chicken or Shrimp, plus \$10*

15% service charge is added to all bills. This is distributed to our staff.



A la Carte

The Steak House

Fillet Mignon \$45

The best we can obtain, grilled to your liking

Sauce on the side: Mushroom, Jimmyz light mustard, red wine reduction, or peppercorn

Tornados Rossini \$49

Filet mignon grilled to your liking topped with pate de fois gras, mushroom sauce

Rib Eye \$44

Tender rib eye cooked as you please

Sauce on the side: Mushroom, Jimmyz light mustard, red wine reduction, or peppercorn

Les Viandes

Smoked Duck Breast \$37

A Sugar Mill classic , basted in oyster sauce served with buckwheat noodles and peanut sauce

Rack of Lamb \$40

Served with mint sauce and reduction gravy

Farmer and Fisherman \$59

Half a lobster thermidor or with butter sauce , served alongside 4 oz of the finest filet mignon cooked to your liking

King Henrys Feast \$69

A sampler of the meat dishes : filet mignon, rack of lamb, duck and chicken with their sauces , thrice cooked chips.

All of the above [except duck] served with thrice cooked chips or snow rice or mash or potatoes of the day plus todays vegetables



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Seafood

Fresh Anagada Lobster

In or out of shell

*Fresh 2 lb approx Anagada lobster cooked using our secret process to retain moisture
Served with butter sauce or Thermidor [touch of brandy, egg yolks, light cheese] or with light curry sauce*

Whole \$59 Half \$39

BVI Conch \$37

Freshly caught conch served in garlic lemon butter sauce or curried Guyana fashion

Catch of the Day \$39

*The best of locally available white fish – check with your server
Also served blackened Jamaica style*

Scallops in Champagne Sauce \$42

Delicious whole fresh scallops in a creamy champagne sauce.

Salmon Croustillant \$39

Fresh salmon in a crispy shell. Chefs Dill sauce

All of the above served with thrice cooked chips or snow rice or potatoes of the day plus todays vegetables

Neptunes Feast \$79

A sampler of our sea food with a half in shell lobster any fashion, Scallops, Shrimp, catch of the day [all with their sauces] rice or rissottos buttered or curried conch and todays vegetables

The Sugar Mill Risotteria

Risotto \$25 [V]

A Sugar Mill speciality – delicious on its own or add any of the following

Shitake mushrooms or **Caprese** (tomato, basil, olives) or **Sun dried tomatoes** All [V] All \$10

Smoked Oysters \$12, Shrimp \$15, Scallops \$25 , Lobster Medallions \$25



Table De Hote

3 course menu \$49

Main course only \$35

Appetizers

Soup Du Jour

Les Escargots [6]

Conch Fritters

Spinach and Goats Cheese Salad with caramelised walnuts

Main courses

Vol au vent of Oxtail Ragout

Sugar Mill's take on a classic local dish

Beef Stroganoff

Classic Russian dish of strips of filet mignon in a sour cream, shallots and mushroom sauce

Tender Breast of Chicken

In a coconut cream sauce or curried with Sugar Mill chutney

Bangers and mash

Classic British dish of sausages and creamed mashed potato, reduction onion gravy

Whole Trigger Fish

The BVI national dish Delicious white fish served with a light fish gravy , onions and mayonnaise sauce

Bang Bang Shrimp

Medium head off shrimp in panko breadcrumbs with salsa and spicy dips

Above served with choice of rice, thrice cooked chips, mash , pasta or potatoes of the day

Mediterranean Pasta

With sweet tomatoes capers and herbs

Dessert

Selection of Sugar Mill Desserts and Ice Creams

15% service charge added to all bills – this goes to our staff